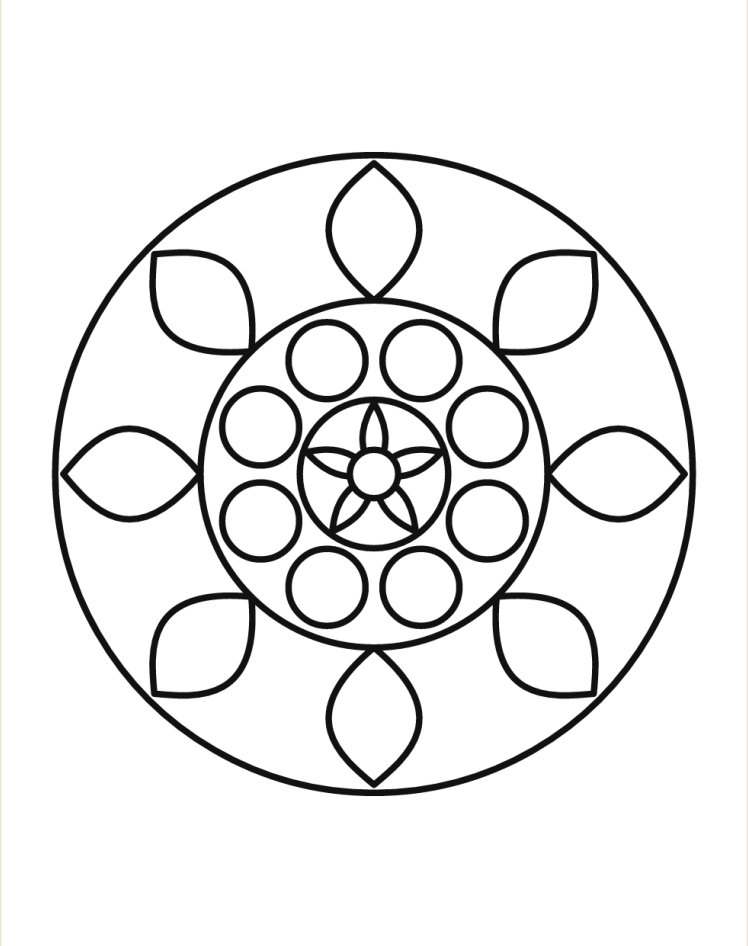
Colouring Nest

Large-print colouring and word searches

Bold lines, big spaces and large print. Free to print.



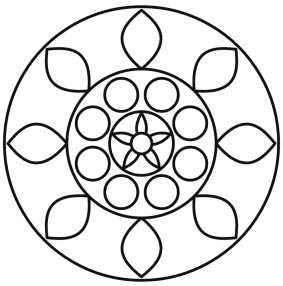
Scan to start colouring

Point your phone camera at the code, or type colouringnest.com/seniors/

Thousands of free colouring pages and worksheets. Print them free, or colour online on a phone or tablet.

Our 5 favourite printables

Picked for rest homes, care facilities, retirement villages and day centres.

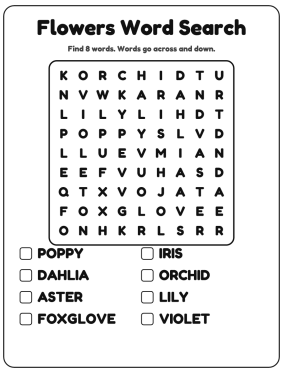


1. Bold and Easy Mandala #1

colouringnest.com/bold-and-easy/bold-mandala-1/

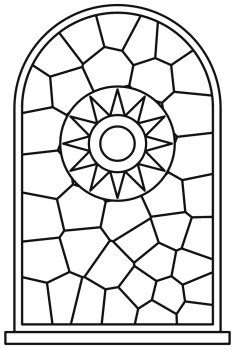
2. Tea Time Large Print Word Search

colouringnest.com/large-print-word-search/tea-time/



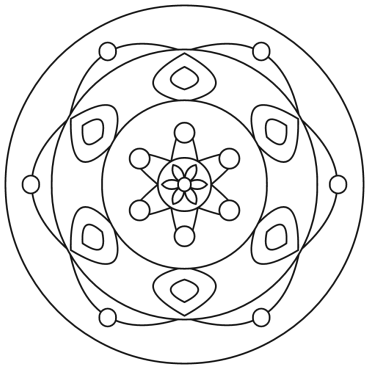
3. Flowers Large Print Word Search

colouringnest.com/large-print-word-search/flowers/



4. Simple Arched Window Stained Glass #1

colouringnest.com/stained-glass/simple-arch-1/



5. Easy Mandala #2

colouringnest.com/mandalas/easy-mandala-2/

Want more?

Every page on colouringnest.com has a free A4 and US Letter PDF. Search by theme, or see the seasonal calendar at colouringnest.com/calendar/ for what to print each month.

How to use this kit

A short guide for rest homes, care facilities, retirement villages and day centres.

1. **Start with bold and easy**
   Pages with thick lines and big spaces are easier to see and to colour inside. Print them a little darker if your printer allows.

2. **Offer a choice**
   Put out two or three pages and let each person choose. Some people prefer word searches to colouring, and that is fine.

3. **Keep it relaxed**
   There is no right way to colour. Chunky pencils, felt pens or crayons all work; keep sessions short and stop when people have had enough.

4. **Read our guides**
   Our guide to sharing colouring with someone living with dementia has practical tips from carers and health organisations, with sources.

5. **Share with families**
   Families can print the same pages at home for visits. The poster QR code opens our seniors page.

Useful pages

Colouring for seniors: colouringnest.com/seniors/
Colouring and dementia: a guide for families and carers: colouringnest.com/learn/colouring-for-dementia/
Bold and easy pages: colouringnest.com/bold-and-easy/
Large print word searches: colouringnest.com/large-print-word-search/

Free to print for your own group: every page on colouringnest.com is free for personal, home-school and classroom use. Please don't sell the pages or put them on another website. Questions: support@colouringnest.com