All about me

For families to fill in before the first visit, and to update whenever things change

My name: _____ I like to be called: _____

My birthday: _____ Pets: _____

The people in my family

Languages we speak at home

My favourite things (foods, toys, songs, places)

Things I am learning to do

A photo or a drawing of me

My day and how to care for me

Your words help us settle your child. Write as much or as little as you like.

How I fall asleep

- ☐ rocked or cuddled
- ☐ patted
- ☐ with a comforter
- ☐ on my own
- ☐ in a pram or buggy

My comforter or special toy

Words I use (for drink, toilet, comforter, family names)

How I show I am upset, and what helps me

My usual sleep and meal times at home

Anything else you would like us to know

Allergies, medical needs, medicines and emergency contacts go on your centre's own enrolment forms, not on this sheet.