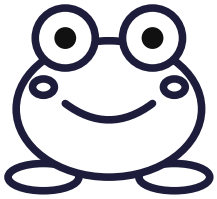
Outdoor Easier ☆



Find three different leaves.

Outdoor Easier ☆



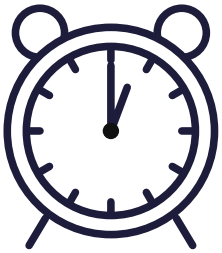
Jump like a frog five times.

Outdoor Easier ☆



Stand still and listen. What can you hear?

Outdoor Harder ☆☆



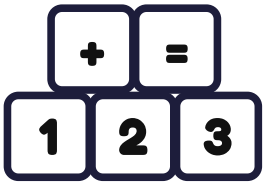
Make an obstacle course for a friend.

Outdoor Harder ☆☆



Find a minibeast and draw it.

Outdoor Harder ☆☆




Chalk a hopscotch to 10 and play it.

**For grown-ups** Outdoor · easier

"Jump like a frog five times."

**Ask:**

- Can you jump further?
- How many jumps to the fence?
- Can you land softly?

**Look for:**

big movements, counting

**For grown-ups** Outdoor · easier

"Find three different leaves."

**Ask:**

- How are they different?
- Which is the biggest?
- Where did you find them?

**Look for:**

observing, comparing

**For grown-ups** Outdoor · harder

"Make an obstacle course for a friend."

**Ask:**

- What goes first?
- Is it safe? How do you know?
- Can you make it harder?

**Look for:**

planning, giving instructions, safety

**For grown-ups** Outdoor · easier

"Stand still and listen. What can you hear?"

**Ask:**

- Is it near or far?
- Is it loud or quiet?
- What made that sound?

**Look for:**

listening, describing sounds

**For grown-ups** Outdoor · harder

"Chalk a hopscotch to 10 and play it."

**Ask:**

- Which number comes next?
- Can you hop on one leg?
- Can you go backwards?

**Look for:**

number order, balance

**For grown-ups** Outdoor · harder

"Find a minibeast and draw it."

**Ask:**

- How many legs does it have?
- Where does it live?
- How can we be gentle with it?

**Look for:**

respect for living things, detail