



My Bedtime Routine



Name _____

Mon Tue Wed Thu Fri Sat Sun



Tidy my toys

☐☐☐☐☐☐☐

Bath time

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Put on pyjamas

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Brush my teeth

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Go to the toilet

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Read a story

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Hugs and goodnight

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Lights out, sleep tight

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Tick each picture or add a sticker when it is done.

