



My Bedtime Routine



Name _____

Mon Tue Wed Thu Fri Sat Sun

	Tidy my toys	☐	☐	☐	☐	☐	☐	☐
	Bath time	☐	☐	☐	☐	☐	☐	☐
	Put on pyjamas	☐	☐	☐	☐	☐	☐	☐
	Brush my teeth	☐	☐	☐	☐	☐	☐	☐
	Go to the toilet	☐	☐	☐	☐	☐	☐	☐
	Read a story	☐	☐	☐	☐	☐	☐	☐
	Hugs and goodnight	☐	☐	☐	☐	☐	☐	☐
	Lights out, sleep tight	☐	☐	☐	☐	☐	☐	☐

Tick each picture or add a sticker when it is done.

