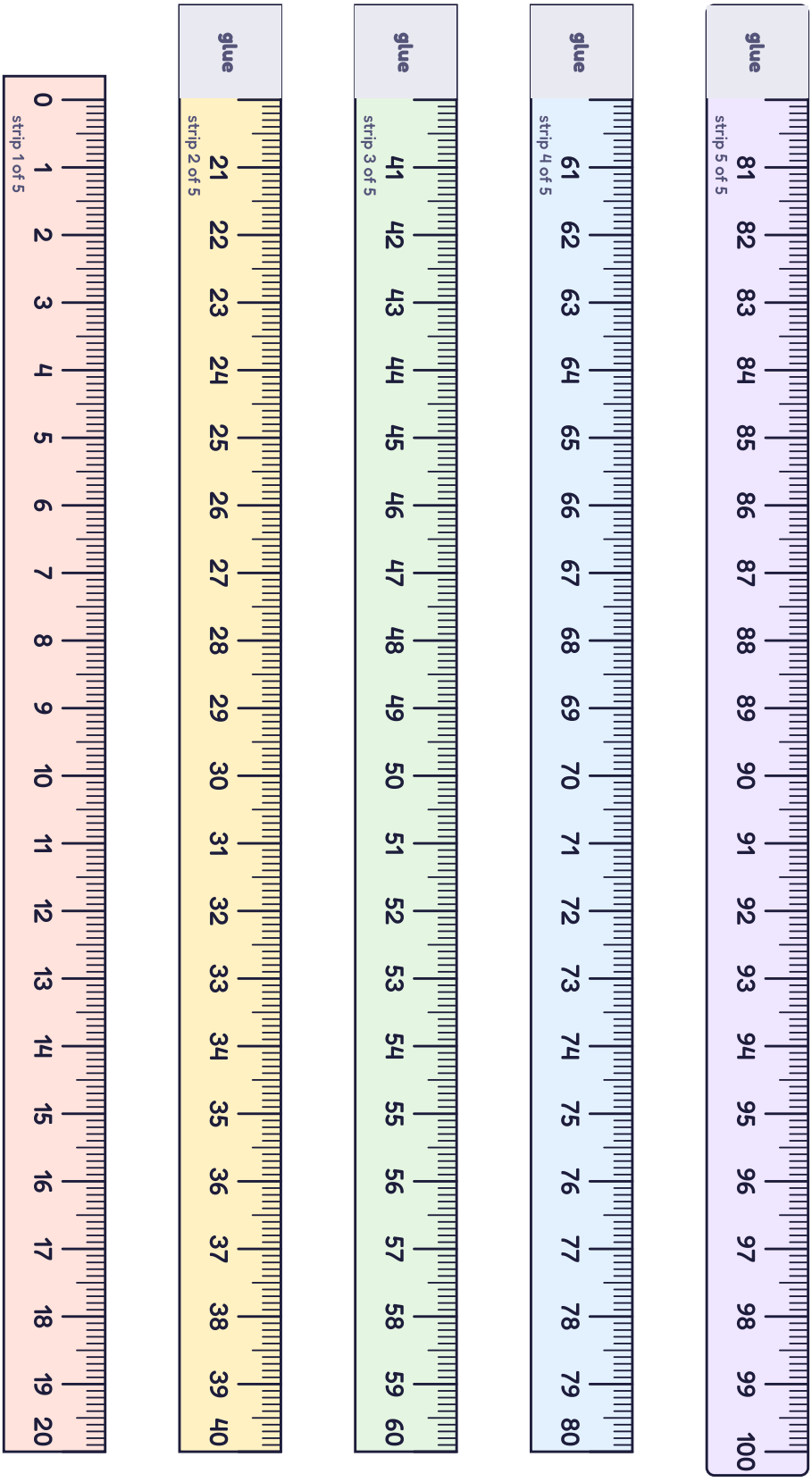
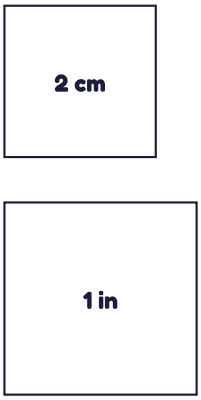
Printable tape measure: 1 metre

Five 20 cm strips to cut out and glue end to end: 0 to 100 cm with millimetres.





Check after printing: these squares should be exactly 2 cm and 1 inch on each side.
Print at 100% or “Actual size”. Turn off “Fit to page”, “Shrink to fit” and “Fit to printable area”.
If a square is out, so is every ruler on this page: change the setting and print again.

To join: cut each strip out. Cut the bottom end exactly on its last line. Glue the grey tab of the next strip under it, so the end of one strip sits on the first line of the next. Use for waist, wrist and head sizes, or tape it to a wall as a height chart.