Te Whāriki: the five strands

New Zealand early childhood curriculum (Te Ara Whānui). Strand names as the Ministry of Education prints them.

Wellbeing
Mana atua

Health, safety and feeling cared for; learning to manage feelings.

Belonging
Mana whenua

Knowing they have a place here, with familiar routines and links to home.

Contribution
Mana tangata

Fair turns for everyone, playing alongside others, ideas that count.

Communication
Mana reo

Talk, gesture, stories, symbols, art, music and movement.

Exploration
Mana aotūroa

Play, moving with confidence, wondering and making sense of the world.

Summaries written by Colouring Nest. Read the goals and learning outcomes in Te Whāriki itself.